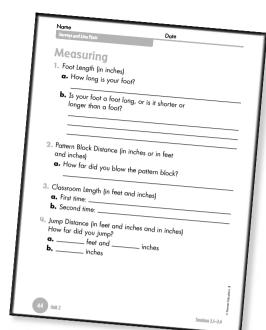
Jumping with Both Feet

You need

- ruler or measuring tape
- measuring sheet

Play with a partner.

- 1. Start with your toes behind the starting line.
- 2. Jump with both feet. You can take one or two practice jumps. When you are ready, say, "This is my final jump."



- 3. Your partner marks where your toes land.
- **4.** Measure from the starting line to where your toes landed.
- **5.** Record your measurement on the measuring sheet.