

Jumping with Both Feet

You need

- ruler or measuring tape
- measuring sheet

Play with a partner.

1. Start with your toes behind the starting line.
2. Jump with both feet. You can take one or two practice jumps. When you are ready, say, "This is my final jump."
3. Your partner marks where your toes land.
4. Measure from the starting line to where your toes landed.
5. Record your measurement on the measuring sheet.

Name _____ Date _____

Measuring

1. Foot Length (in inches)
 a. How long is your foot? _____
 b. Is your foot a foot long, or is it shorter or longer than a foot? _____

2. Pattern Block Distance (in inches or in feet and inches)
 a. How far did you blow the pattern block? _____

3. Classroom Length (in feet and inches)
 a. First time: _____
 b. Second time: _____

4. Jump Distance (in feet and inches and in inches)
 How far did you jump?
 a. _____ feet and _____ inches
 b. _____ inches

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